"Charities Commission" Registration No: 1016818

ELAN VITAL

Balance Sheet and Accounts

Year ended 31 March 2000

N. HARRIS & CO.
Registered Auditors
LONDON

### ANNUAL REPORT OF THE TRUSTEES OF ELAN VITAL The Trustees present their Report and the Accounts of the Charity for the neriod

to 31 March 2000.

Elan Vital was established as a Charity by a deed dated 22 October 1991 ('the Trust Deed') and registered with the Charity Commission on 28 January 1993 (Registered No. 1016818). The address of Elan Vital is 3 The

Drive, East Sussex BN3 3JE.

The Trustees are:

Elan Vital has one wholty-owned trading subsidiary, namely Elan Vital Limited, (Registered No. 2289543), Registered Office 3 The Drive, Hove, East Sussex BN3 3JE.

Elan Vital's bankers are Lloyds Bank Pic 74/78 Church Road, Hove, East Sussex BN3 2EE. Elan Vital's solicitors are Messrs Bates, Wells & Braithwaite, 61 Charterhouse Street, London ECI.

Elan Vital's Auditors are Mesars N Harris & Co., Jaybee House, 155-157a Clapham High Street, London SW4 7SY.

Roland Peter Klepzig
Staan Gover Rebinson
James Shaw
Frederick Grant
The Trust Deed provides that the statutors nower of removing a trustee or

trustees, and of appointing new or additional trustees is vested in the Settlor during its existence and theresized in the Trustees for the tile of being. The minimum number of trustees is three and the maximum is seven. The Settlor is Elan Vital Foundation of Hishmatistrasse 36, 6002 Luzerin, Switzerland. The nower of investment is vasied by the Trust Deed in the Trustees who have

power to invest moneys arising under the trusts or otherwise to apply
the same in the purchase or sequisition of real or personal property rights
or interests of whatsever kind and wheresever situate.

The general powers of Trustees set out in the Trust Deed include the power to

throughout the world, and to co-operate with other organisations carrying similar work in organising and holding such conventions and conferences and other meetings and to contribute to the cost thereof.

organise and hold conventions and conferences, both in the UK and

There are no specific restrictions imposed by the Trust Deed concerning the

way in which the Charity may fulfil its objectives.

STATEMENT OF THE TRUSTEES' RESPONSIBILITIES
Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the

Charity and of its financial activities for that period. In preparing those financial statements the Trustees are required to:

a. Select suitable accounting policies and then apply them consistently;

 a. Select suitable accounting policies and then apply them consistently;
 b. prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Charlty will continue in business;

# STATEMENT OF THE TRUSTEES' RESPONSIBILITIES (Continued)

ANNUAL REPORT OF THE TRUSTEES (Cotninued)

- c. adopt policies which are in accordance with current law applicable to charities and with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements;
  - make judgements and estimates that are reasonable and prudent.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable occurrey at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with the Companies Act 1993. Thus are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### REVIEW OF OBJECTIVES, POLICIES AND ORGANISATION

each case a regional treasurer.

1. As set out in the Trast Deed, the purpose of the Trust is to advance public education in the understanding and residuation of human public and the public pub

There have been no material changes in this policy since the last Annual Report.

The Trustees meet formally or informally several times a year to review the activities, policies and progress of the Charity.

For administrative purposes, the country is divided into 21 regions. Each region has its own voluntary officials of the Charity, including in

A national finance team of 6 trained volunteers co-ordinate and check the accounts of the regions each month. These accounts are then consolidated at Elan Vital's office in Howe.

consolidated at Elan Vital's office in Hove.

Regular meetings take place between the officers of the Trust and its auditors.

During the year the Charity employed 4 full time and 2 part time support staff and 5 full time field workers.

REVIEW OF ACTIVITIES, DEVELOPMENT AND ACHIEVEMENTS

The growth of the Charity's activities has progressed satisfactory during the course of the year.

 During the year the Charity organised an international two day event at which Mr Rawat agreed to speak, at the following location:

No. of attendees

July 1999 Manchester G Mex 6615

6615

This event was well-attended and passed off successfully; costs were in line with budget and covered by general donations.

# ANNUAL REPORT OF THE TRUSTEES (Continued)

Over 9000 public Video events were held throughout the UK at approximately 130 different venues, and generated considerable interest. A further number of satellite transmissions of presentations given by Mr Rawat were also received and broadcast at various venues around the UK.

These events were supported through voluntary donations and with the services of unpaid volunteers.

 The Charity has continued to develop its support for international activities especially in relation to the convening of international events; the special international "restricted" fund continues to support these activities, without detracting from the "rust" UK activities. Donations of £49356 were received into its fund during the year

During the year ended 31 March 2000 donations of £18-97 were received into the Elan Vital Knowledge Centries faund which had been established in the Elan Vital Knowledge Centries faund which had been established in the Elan Vital Vita

continues to be used for the purpose of conducting related commercial activities, mainly comprising the sale of video and audio teaching material and including, where appropriate, the booking of hotel accessmodation in relation to events such as those distributed to the Trust and applied for the purpose of the Charity.

In respect of the year ended 31 March 2000 the subsidiary covenanted profits of £134109 to the Charity.

All assets of the Charity other than those hold in the special international "intertiscine" final and the special knowledge centres 'restricted' fined are held in an unrestricted general fund. The total income of this fund for the year was 1999-132. The Trustees authorised transfers totalling f10832 from the general fund to suggested the resource of the special international restricted food. The assets of the Charity are all held for the top-special food. The sates of the charity are all the fore the top-special for the Account.

 The financial position of the Charity is good and the Trustees consider that it is well placed to continue the current level of activities for the foreseeable future.

for the foreseeable future.

8. The Charity does not have any significant investments apart from its shareholding in Elan Vital Limited.

The balances of the general and restricted funds are sufficient to meet the obligations of the Charity.

## ANNUAL REPORT OF THE TRUSTEES (Continued)

The Charity contributes to Elan Vital Foundation and Elan Vital Incorporated. Both of these organisations have objects and activities similar to those of the Charity. Contributions to these organisations are described in Nate 4 on Page 9.

### POST-BALANCE SHEET EVENTS

The Charity organised a one day event in Harrogate in September at which Mr Rawat agreed to speak, and participated in a similar event held in Paris in the same month. The number of satellite transmissions have increased and are broadcast to more venues. A number of individuals have elected to receive these transmissions in their homes.

FOR AND ON BEHALF OF THE TRUSTEES

# REPORT OF THE AUDITORS TO THE TRUSTEES OF

We have audited the financial statements on pages 6 to 15 which have been prepared under the historical cost convention and the accounting policies set out on Page 8.

### Respective responsibilities of Trustees and Auditors As described on Page 1 the Charity's trustees are responsible for the

preparation of financial statements. It is our responsibility to form an independent opinion, based on our audit, on those statements and to report our opinion to you. We have been appointed auditors under section 43 of the Charities Act 1993 and report in accordance with regulations made under eaction 44 of that Act

Basis of Opinion We conducted our audit in accordance with Auditing Standards issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the Trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the Charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our coinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

### Cointon

In our opinion the financial statements give a true and fair view of the state of affairs of the Charity and the Group as at 31st day of March 2000 and of their incoming resources and application of resources for the year then ended and have been properly prepared in accordance th the Sparities Act 1993.

Penistered Auditors 155-1574 Clapham High Street London SW4 7SV

LONDON - 26th day of January 2001

GROUP 2000 FIXED ASSETS

Balance Sheet

Tangible Assets

CURRENT ASSETS

Amounts falling due within one year

NET CURRENT ASSETS

TOTAL ASSETS LESS CURRENT LIABILITIES

INCOME FUNDS Restricted Funds

Stened:

Unrestricted Funds: - Charitable Fund

- Non-Charitable Trading

CREDITORS

Cash at Bank & In Hand

NOTE:

9. Stocks

10

11.

28108

ELAN VITAL

27601

90992

74787

193380

(107961)

163528

74200

25637

3687

163528

The financial statements on pages 6 to 15 were approved by the Board of Trustees on 26 January 2000 and signed on its behalf by:-Jamores

Hand liver

As at 31 March 2000

£

62084

62985

21852

108321

78646

208819

(97665)

111154

174139

20493

00542

3104

174130

2000 1999

£

67303

67494 53005

100912 114782

53344 49169

154256 162950

(61909) (45910)

97347 117040

159841

74200

85632

150841

CHARITY

53894 101

171035

90542

171035

	CONSOLIDATED STATEMENT OF	CTIVITIES			
	FOR THE YEAR ENDED 31 MARC	2H 2000			
		Unrestricted Funds	Restricted Funds	Total	Total
NOTE:		2000	2000	2000	1999
101		£	1	£	£
	INCOME AND EXPENDITURE				
	Incoming Resources				
	Donations & Gifts Legacies Donated Equipment	757084	496763	1253847	1180259
2.	Net Income of Trading Subsidiary Other	134692 3929	anatint &	134692 3929	179124 4175
		895705	502779	1398484	1363728
	RESOURCES EXPENDED				
3. 5.	Direct Charitable Expenditure Management & Administration	712671	617895	1330566	1257280
	of the Charity	78529	EESJ ST	78529	64624
	Total	791200	617895	1409095	1321904
	NET INCOMING/(OUTGOING) RESOURCES BEFORE TRANSFERS Transfers Between Funds	S 104505 (108832)	(115116) (108832)	(10611)	41824
		(106532)	[108932]	- Charitable	31
	NET INCOMING/(OUTGOING) RESOURCES Balances Brought Forward	(4327) 93646	(6284) 80493	(10611) 174139	41824 132315
	BALANCES CARRIED FORWARD	89319	74209	163528	174139
	its behalf by:-	no usuale ben	on January 2000	s <del>ou con</del> tant	-

### NOTES TO THE ACCOUNTS

### FOR THE YEAR ENDED 31 MARCH 2000

### ACCOUNTING POLICIES

These Accounts have been prepared in accordance with applicable accounting standards under the historical cost convention.

The recommendations of the Statement of Recommended Practice - Accounting for Charities - have been followed and these Accounts Incorporate the results of the Charity's wholly owned trading subsidiary.

The following principal accounting policies have been adopted:

a) Donations, Legacies and Voluntary Income

Credit is taken for donations, legacies and voluntary income when they are received by the Charity.

b) Grants Payable

Grants payable represent payments made to organisations having similar charitable objectives to those of Elan Vital, in accordance with the decisions of the Trustees.

c) Direct Charitable Expenditure

Direct charitable expenditure comprise all expenditure directly relating to the objects of the Charity, including the proportion of overhead costs which represent the direct costs of supporting charitable scrivities.

d) Management and Administration of the Charity

Management and administration costs represent the balance of overhead costs after allocations to direct charitable expenditure and comprises principally professional fees and costs relating directly to the operation of the Charity.

e) Depreciation

The Charity's tangible fixed assets are depreciated at 25% per annum on the reducing balance basis. The subsidiary's fixed assets are depreciated at 15% per annum on the reducing balance basis.

f) Stock

Stock has been valued at the lower of cost (including an appropriate charge for import duty and freight) and net realisable value, on a first-in, first-out basis.

NET INCOME FROM TRADING ACTIVITIES OF SUBSIDIARY

The Charity has one wholly evented subsidiary. Elan Vital Illantied, which is incorporated in the UK. The activities of the Company congrise anality the sale of Vitales and video teaching material and also, where appropriate, the booking of hotel accommodation in connection with versit in with the consideration of the company of the connection with contracting the company of the trading results it shows below. Audited accounts have been filled with the Registrar of Companies.

		ELAN VITAL			
	NOTES TO THE ACCOUNTS (Con	itinued)			
	FOR THE YEAR ENDED 31 MARC	CH 2000			
2.	NET INCOME FROM TRADING AC				
					1999
	Profit and Loss Account		£		£
	Turnover Increase(decrease) in stocks		384336 5749		528553 12372
	Raw materials & consumables Operating costs Interest receivable		(108927) (146570) 104		(130561) (232019) 779
	Net Profit Profit distributed to Blan Vital		134692 (134109)		179124 (177462)
	Retained in subsidiary		583		1662
3.	DIRECT CHARITABLE EXPENDITU	IDP	la taken for dona, I by the Charity,		_
0.	DIRECT CHARTCHES SHEET	Unrestricted	Restricted	Total	Total
		Funds	Funds	2000	1999
		those of Lan Vit	£	£	£
	Branch Events	289816	3695	293511	21299
	National Events	187267	-	187267	35892
	International Events	47200	614200	661400	50852
	Video Costs	15171 173217	bnogzo d'datharb	15171	2194 15489
	Support Costs	173217	marily self to along	173217	13407
		712671	617895	1330566	125728
4.	GRANTS PAYABLE	get steps nother	elnimbs live man	Namage	
	Direct charitable expenditure inclu	udes the followin	ig grants made:		
		Unrestric	ted Funds	Restric	cted Funds
		2000	1999	2000	1999
		£	£	£	£
	Elan Vital Foundation	dought human	N OIL NO HERRING	525200	348000
	Elan Vital Inc	47200		82000	152980
	Elan Vital - Australia	t the lower of co	a been valued as	7000	7541
		47200	ent des grap from	614200	508521

# FOR THE YEAR ENDED 31 MARCH 2000 MANAGEMENT AND ADMINISTRATION OF THE CHARITY

Telephone, Postage & Stationery Repairs & Renewals

TOTAL RESOURCES EXPENDED Staff

NOTES TO THE ACCOUNTS (Continued)

ELAN VITAL

Unrestricted Funds

• 

£

Depreciation

Office Inguespos Rent & Rates

Audit Fees

Depreciation

Branch Events

Video Costs Support Costs

National Events

Management and Administration

International Events

Knowledge Centre Fund

Lighting & Heating

Bank Charges, Interest

Legal & Professional

General Expenses Loss/(Profit) on disposal of Assets

and Exchange Difference

NOTES TO THE ACCOUNTS (Continued)

Charitable Activities Support Management & Administration

Costs	2000	1999
2000	£	£
s & Salaries	166416	14280
l Security Costs	15162	1398
	181578	15678-
		d sollto
r Costs		
r Costs		gnintell
	2000	1999
		£
altancy Fees		944
Rental		30522
ment Hire		7640
Duplication & Supplies		2254-
ts Made (note 4)		50852
mission Charge	32190	11512A 10
el & Accommodation	64225	73461 5775-
e Expenses	74172 9518	9511
Fees	9518 70307	8428
ellaneous	70307	04201
Profit on disposal sets	(1160)	
	ESOURCES EXPENDED	H JATOT
	1205059	114715

11

No remuneration or reimbursement of expenses was paid to any of the Trustees.

Furniture.

Fixtures &

15292 62984

Furniture.

Fixtures &

Total

(7232)

Fittings

4581R 157110

49681 188232

3863 38354

ELAN VITAL

	Vehicles	Equipment	Equipment	Fittings	Total
Cost	£	1	£	£	£
Brought Forward Additions Disposals	20290	72236 34601 (7486)	32150 3369 (1044)	46372 4691	171048 42661 (8530)
	20290	99351	34475	51063	205179
Depreciation	(14)		eaco <del>-</del> buo	Car <del>Car C</del> ore	_

	20290	99351	34475	51063	205179
	-	-	(0.0) to	owno <del>w not</del> us	
Depreciation Brought Forward On dispsals	15062	41256 (4938)	20666	31080	108064
Charge for the year	1307	15259	2904	4878	24348
					-

	40490	39331	34473	31003	20517
			enco	COLUMN TO COMP	_
Depreciation					
Brought Forward	15062	41256	20666	31080	10806
On dispsals	1	(4938)	(403)	000014057.10	(534
Charge for the year	1307	15259	2904	4878	2434
Carried Forward	16369	51577	23167	35958	12707
	10005	01011	20101	33930	12/0/

5228

Vehicles

20290

20290

TANGIBLE FIXED ASSETS - CHARITY

At 31/3/1999

Cost Brought Forward

Additions

Disposals

Carried Forward

Brought Forward On dispsals Charge for the year	15062	41256 (4938) 15259	20666 (403) 2904	31080 - 4878	108064 (5341) 24348
Carried Forward	16369	51577	23167	35958	127071
Net Book Value At 31/3/2000	3921	47774	11308	15105	78108

30980

General

66165

34041

(7232)

97974

11484

Computer

Equipment

24837

25287

450

# NOTES TO THE ACCOUNTS (Continued) FOR THE YEAR ENDED 31 MARCH 2000

ELAN VITAL

£

39718

(4835)

14518

43573

Group

2000

£

Investments

Group

Listed

Furniture

30873 103216

4702

35575

14106

14945 53894

Charity

hares In

Subsidiary Total

100

2000 1999

Charity

Fittings & Fittings

Total

•

(4835)

120839

67393

Computer

Equipment

17563

1931

19494

5793

7274

Investments

1999

£

 TANGIBLE	FIXED	ASSETS	-	CHARITY	(C
		Motor		Can	979

Depreciation Brought Forward

On disposals

Charge for the year

Carried Forward

Net Book Value At 31/3/2000

At 31/3/1999

INVESTMENTS

Brought Forward & Carried Forward

Finished goods and goods for resale

TANGIBLE	FIXED	ASSETS	-	CHARITY	(Con
		Motor		Gen	eral

1307

16160

3921

5228

FOR THE YEAR	R ENDED 31 MA	RCH 2000				
DEBTORS						
			Group			rity
		2000		1999	2000	1999
		2 0 0000		£	£	£
Trade Debtors Income tax rea Amount owed b Corporation Tay Other debtors Prepayments & CREDITORS	y subsidiary	81797 		5987 92770 - 750 599 8215 - 108321	81797 14872 1089 3154	9277 1381 40. 779
offs the			Group		Ch	arity
		2000		1999	2000	1999
		£		£	£	£
Amounts falling	due within one	year			The Elan Vit	
Trade Creditors Amount owing t Other taxes and	o subsidiary	15458		18079	1334	7165

11319

48542

32642

107961

Restricted

£

80493

502779

108832

692104

(617895)

74209

Funds

8253

32219

39114

97665

Charitable

g

90542

895122

(108832)

876832

85632

(791200)

4320 4148

27303 11528

28952 23069

61909

Charitable

Trading Total

3104 174130

3687 1572623

3687 163528

134692 1532593

(134109)

Unrestricted Funds Non45910

(134109)

(1409095)

Security Costs

Accruals

2. FUNDS

Other creditors

Balances at 1/4/1999

Transfers between funds

Balances at 31/3/2000

Incoming resources

Expenditure

ELAN VITAL

### NOTES TO THE ACCOUNTS (Continued) FOR THE YEAR ENDED 31 MARCH 2000 FUNDS (Cont'd)

Restricted Funds

12.

1/4/1999

Elan Vital International Tours

& Events Special Fund

72706 Knowledge Centres Fund Donated Arrate

The outgoing resources in respect of donated assets represents the depreciation charge for the year and the net book value of assets scrapped

during the year.

The Flan Vital International Tours and Events Special Fund was set up in January 1996 to deal specifically with the charity international activities.

The fund is represented by current assets.

current assets.

The knowledge Centre Fund was set up last year. The fund is represented by

The balance of the unrestricted charitable fund is represented by fixed and

current assets.

charity's subsidiary.

2291 5496 90493

The non-charitable trading fund represents trading profits retained by the

Movement in Resources

(607200)

(617895)

(7000) 13789

(3605)

587008

18497

6016

Balance

31/3/2000

52604

7817

ELAN VITAL